



Smoothies



RG

LG

- * **Wild Strawberry™** 340/510 cal
Strawberries blended with kiwi-lime sorbet
- * **Maui Mango™** 340/490 cal
Mango sorbet blended with mango, strawberries & bananas
- * **Tropical Therapy™** 480/650 cal
Pineapple and coconut blended with kiwi-lime sorbet
- * **Caribbean Craze™** 330/480 cal
Sorbet blended with strawberries & bananas
- * **Mango Me Crazy™** 290/420 cal
Mango sorbet blended with mango & pineapple

* **Make Any Above "Light"**
1/3 Less Calories!

Cookie Dough 590/820 cal

Greek yogurt blended with gluten-free chocolate chip cookie dough



Additional nutritional information is available upon request.
2,000 calories a day used for general nutrition advice, but calorie needs vary.

Jamaican Jammer™

320/470 cal

Strawberries and bananas blended with fat-free Greek yogurt

Peach on the Beach™ 280/420 cal

Peaches, strawberries and mango blended with orange sherbet

Orange Sunrise™ 320/470 cal

Orange sherbet blended with pineapple, strawberries & bananas

Purple Reign™ 320/480 cal

Blueberries blended with Pom-Raspberry sorbet & strawberries

Bangin' Berry™ 370/540 cal

Blueberries and bananas blended with Pom-Raspberry sorbet

Boosters

- Protein Powder *adds 40 cal*
- Mega Energy *adds 5 cal*

each

High-Performance

RG

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Oh Kale!™ 320/460 cal

Delivers over 1½ servings of greens!

Organic Kale, spinach & 14 greens blended with mango, pineapple & mango sorbet

Super Red™ 300/440 cal

Delivers over 2½ servings of fruit & veggies!

Apples, strawberries, pineapple blended with orange sherbet & 4 organic veggies

Peanut Butter Protein™ 25g*

460/820 cal *Protein gram based on RG size.

Peanut butter, bananas, chocolate & fat-free Greek yogurt blended with muscle-building protein

Açaí Energy Bowl™

540 cal



Organic açai blended with fruit sorbet, strawberries, bananas and topped with blueberries 'n honey, granola & honey drizzle

